

# JOY BROUGHT INTO HOME

By Lydia E. Pinkham's Vegetable Compound, Restoring Mrs. Benz to Health



Altoona, Pa.—"I am writing to tell you what Lydia E. Pinkham's Vegetable Compound has done for me. We have had six children die almost at birth. From one hour to nineteen days is all they have lived. As I was going to have another, I took a dozen bottles of your Vegetable Compound and I can say that it is the greatest medicine on earth, for this baby is now four months old and a healthier baby you would not want. I am sending you a picture of her. Everybody says, 'That is some healthy looking baby.' You have my consent to show this letter."—Mrs. C. W. Benz, 131 3rd Ave., Altoona, Pa.

No woman can realize the joy and happiness this healthy babe brought into the home of Mrs. Benz, unless they have had a like experience.

Every woman who suffers from any ailments peculiar to her sex, as indicated by backaches, headaches, bearing-down pains, irregularities, nervousness and "the blues," should not rest until they have given Lydia E. Pinkham's Vegetable Compound a trial.

## HOW GRANDMA PARK RELIEVES A SICK HEADACHE

Grandma Park made herself famous all over the world with her remedy for constipation, bad breath, heart-burn, and sick headaches, because she knew nature and how to remedy those terrible ailments coming from a disordered stomach and liver. Her remedy, made from roots and herbs, is known everywhere, and still under the original label.

## GRANDMA'S LIVER and STOMACH TEA

Beware of Imitations! None genuine without the picture of Grandma Park



It is also highly recommended for jaundice, dyspepsia and bad blood. Grandma's Tea will clear away offensive pimples which result from bad blood. A look at your tongue will tell the true condition of your health. If the tongue is coated with a thick yellowish coat, your stomach and liver need attention. This condition will be relieved by GRANDMA'S STOMACH AND LIVER TEA. Ten full doses to every package. At all drug stores.

# 16799 DIED

in New York City alone from kidney trouble last year. Don't allow yourself to become a victim by neglecting pains and aches. Guard against this trouble by taking

## GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Holland's National Remedy since 1696. All druggists, three sizes.

Look for the name Gold Medal on every box and accept no imitation

## USE SLOAN'S TO EASE LAME BACKS

YOU can't do your best when your back and every muscle aches with fatigue.

Apply Sloan's Liniment freely, without rubbing, and enjoy a penetrating glow of warmth and comfort.

Good for rheumatism, neuralgia, sprains and strains, aches and pains, sciatica, sore muscles, stiff joints and the after effects of weather exposure.

For forty years pain's enemy. Ask your neighbor. Keep Sloan's handy. At all druggists—35c, 70c, \$1.40.

## Sloan's Liniment (Pain's enemy)

## ITCH!

Money back without question if HUNT'S GUARANTEED SKIN DISEASE REMEDIES (Hunt's Salve and Soap), fail in the treatment of Itch, Eczema, Ringworm, Tetter or other itching skin diseases. Try this treatment at our risk. Sold by all reliable druggists. A. B. Richards Medicine Co., Sherman, Texas

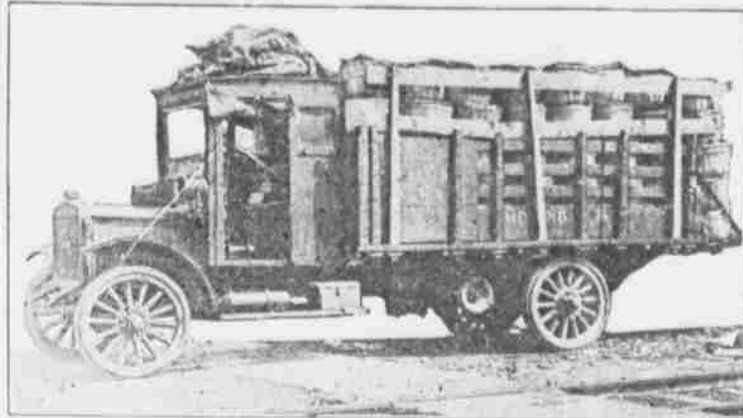
## PARKER'S HAIR BALSAM

Removes Dandruff, Itch, Scalp Itching, restores Color and Beauty to Gray and Faded Hair. 50c and \$1.00 at Druggists. Hiram's Chem. Works, Paterson, N. J.

## HINDER CORNS

Removes Corns, Calluses, etc., stops all pain, restores comfort to the feet, makes walking easy. Sold by mail or at Druggists. Hiram's Chem. Works, Paterson, N. J.

## SOLUTION OF TRANSPORTATION PROBLEMS SEEN IN MOTORTRUCK



Farm Truck in This Load Will Go Directly to Dealer at a Market Fifteen Miles Away and Arrive in Fresh Condition.

(Prepared by the United States Department of Agriculture)

A steadily increasing number of shippers are looking toward the motortruck for the solution of their transportation problems. Farmers are included in this category, and it may therefore be well to point out, as the result of actual experience of others, the things they should consider in connection with the use of motortrucks to haul their produce to market.

In very few instances, say experts of the bureau of markets, United States Department of Agriculture, is it advisable for a farmer to purchase and operate a motortruck solely for his own needs, as the initial investment, cost of upkeep, and the limited time the truck is likely to be in use make the venture expensive and disproportionate to the convenience secured.

Where trucks are operated by private individuals for profit the owner of the truck usually operates between certain points on a fixed schedule. The farmer assumes no risk. He simply pays whatever the rate for cartage may be, and may find the use of this means of transportation an advantage over the railroad or over hauling his produce to market himself by team. At the same time it has often occurred that when the farmer had learned to depend upon this service, the rates would be raised to a point that the farmer could ill afford to pay, or that another motortruck operator would enter the field with the result that both operators were compelled to go out of business, leaving the farmer without any truck service at all.

### One Successful Venture.

It may be well to consider the basis upon which a farmer may secure motortruck transportation at a nominal cost and create a service upon which he can place full reliance.

There are several co-operative motortruck associations in existence, of which, perhaps, the Farmers' Co-operative company of Hartford county, Maryland, has had the largest measure of success. The territory served by the association is a very productive agricultural region. Many of the farmers ship milk to Baltimore, some raise truck crops and others practice general farming.

The association rates on many commodities are decidedly lower than those of the railroad. The members say that the saving of time in marketing their produce is a big advantage, also. For example, when the farmers hauled their produce to market by wagon they had to start out at midnight and did not return home until nine o'clock the next morning. Now, at least eight hours of that time is saved for other work.

But while the Hartford County company has had considerable success, it conditions not been possible had the condition not been favorable for the operation of a co-operative motortruck route. This fact should not be lost sight of; and for the benefit of those contemplating the establishment of co-operative motortruck associations the

following points should receive careful consideration:

### Factors to Be Considered.

A careful survey should be made to determine the adequacy of present transportation facilities, the reasonableness of the rates charged, the approximate daily tonnage available for movement in each direction, the character of the roads over which the trucks must be operated, and the general sentiment of the community toward such an association. The distance from market should not be more than 40 miles, and there should be sufficient volume of produce to warrant reasonably constant operation of the trucks throughout the year.

It having been concluded that the co-operative enterprise will be a decided advantage, only men who have demonstrated their business ability in handling their private affairs and who exercise a good influence among the members of the community should be selected as directors. The secretary should be a man with energy, tact, business ability, and a high appreciation of the farmer's interests. The capitalization of the association should be large enough to permit the issuance of enough stock to pay for the trucks in cash, to assure a sufficient amount of cash on hand as working capital, and to have enough unissued stock to provide for future sound extension of the business, as well as a depreciation fund to replace worn-out equipment.

### Make Service the Watchword.

The trucks should be selected only after a thorough and unbiased consideration of the various makes. Records of performance, of cost of operation and maintenance, furnished by actual operators of trucks rather than by agents of truck manufacturers, should be carefully considered in the light of present and prospective needs of the association.

In employing operators merit should be the sole consideration. Rates should be based on a careful analysis of complete, adequate and accurate information regarding costs. Accounting methods should be simple but sufficiently comprehensive to show the exact financial status of the association at all times.

In determining matters of policy the interests of the members as a whole rather than as individuals must be considered. Service must be the watchword. And to make the association a real success, each member must feel that it is his association.

### Encouraging Exercise.

Induce exercise by feeding all grain in dry clean straw litter, six to eight inches deep. The common straws, in order of their desirability, are wheat, oats, barley, rye, buckwheat. Shredded or cut corn stalks, shavings or leaves may be used where straw is not available.

### Better Prices for Eggs.

Eggs that are gathered often, kept clean and cool, and are candled and graded bring better prices at the market than the "just eggs" kind.

## STATE BUREAUS GET QUICK INFORMATION

Connected With Washington Office by Telegraph.

At Each Point State Officials Are Able to "Listen In" on Market News Messages Being Transmitted to the Offices.

Four state marketing bureaus are now connected with the Washington office of the bureau of markets and crop estimates, United States Department of Agriculture, by telegraph wire. "Drops" from the Federal leased-wire system extend into the state bureau offices at Trenton, N. J.; Lancaster and Harrisburg, Pa.; Madison, Wis., and Lincoln, Neb., and at each point the state officials are able to "listen in" on the market news messages being sent to and from the various branch offices of the federal bureau.

In most cases distribution of the market news is done by means of special news releases to the daily and weekly newspapers and the farm journal press. In one instance the market information is distributed by means of mimeographed reports mailed direct to farmers and other agricultural interests. In Pennsylvania the work of distribution is facilitated by eight reporters located in important market centers, who supplement the national news with local information regarding supply, demand and prices.

The marked increased appreciation of the value of agricultural market news and its wider distribution through daily and weekly reports is in a large measure due to the progressive program adopted by the National Association of State Marketing Officials, which believes that one of the prerequisites of improvement in the nation's machinery for marketing agricultural products is a national and local market news service that will give producers accurate reports as speedily as possible after the marketing transactions take place.

## Look for The Best

Medicines and Drugs

You cannot afford to take chances on cheap drugs and medicines. Buy only the best. "V. V." brands have been tried and tested thru the years. Our reputation is behind each bottle. See that the label contains the shield. Ask at any drug store or general store.

Van Vleet-Mansfield Drug Co.,



The Shield That Protects You

South's Largest Wholesale Druggists.

Memphis, Tenn.

## ANYTHING TO KEEP THE HELP

Evidently Farmer, These Days, Must Expect to Make Them Some Slight Concessions.

"I see you are keeping your hired man all right now, Ezra."

"Yep, keeping him all right."

"He seems satisfied, too. How'd you do it?"

"I'd everything he asked me to. Let him work only eight hours and eat with the family. He got to complaining of dull evenings, so every night I give him the use of a car of his own, and the money to spend, to go to the movies in town."

"That ought to satisfy him."

"It didn't, though. He complained of his room, and so I coaxed my son to trade rooms with him. Then he seemed more settled like."

"I notice you've cut off your whiskers, Ezra."

"Yeah. Some more of that hired man's notions."

"How's that?"

"He complained they tickled him every time I kissed him good night."

### The Natural Question.

"Just think, Adolph, there in the dark street was a man. I ran harder than I ever ran before."

"And did you catch him, auntie?"—Der Drummer, Berlin.

Yet the woman who married a poor man for love seldom wishes her daughter to do likewise.

Some men do right only because they are too cowardly to do wrong.

It's seldom selfishness that prompts a man to keep his troubles to himself.

## DYED HER DRAPERIES, SKIRT AND A SWEATER

Each package of "Diamond Dyes" contains directions so simple that any woman can dye or tint faded, shabby skirts, dresses, waists, coats, sweaters, stockings, hangings, draperies, everything like new. Buy "Diamond Dyes"—no other kind—then perfect home dyeing is guaranteed, even if you have never dyed before. Tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton, or mixed goods. Diamond Dyes never streak, spot, fade, or run. So easy to use.—advertisement.

### Pupils Use Brief Cases.

In the old days boys and girls used to start for school with a lunch box under one arm and a pile of books under the other. But modern efficiency has changed all that.

"These days they carry a brief case instead," said a stationer near a big high school. "And I don't know but it's more efficient. Both lunch and books will go in, and so it isn't necessary to have two arms occupied. I guess, too, that it flatters the kids. A brief case makes them look like their fathers on the way to business."—New York Sun.

### Cats Sleep on Cows' Backs.

In a stable in Hants county, N. S., two cows and two cats are kept. Going in the stable any winter night you will find a cat, coiled up cosy as can be on each cow's back.

It's not poverty we mind. No, not at all. It's just plain old being poor.

## You remember the story of the Pitcher—

It made a good many trips to the well and it came back in good order.

"I can take care of myself," it said—"they don't need to talk about risks to me."

But it went once too often.

After that it was only part of a pitcher, and they didn't need to talk to it about risks—it knew.

A lot of people won't believe coffee can harm them until it does harm them.

"Nonsense!" they say, "it never disturbs me."

When it does disturb them, then they know.

Often the disturbance which they then recognize is the result of irritations to nerves and digestion which have been going on for a long time.

If you have to lie awake at night and count the clock ticks, after an evening cup of coffee, then you know that it's better to be safe than sorry.

The risk of coffee's harm is gone when the meal-time drink is Postum.

Here's a delightful and satisfying table beverage, with charm for the taste and without harm for nerves or digestion. You know you're on the right road with Postum; there's never the possibility that you'll go once too often.

Postum comes in two forms: Instant Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes.

## "There's a Reason" for Postum

Made by Postum Cereal Company, Inc., Battle Creek, Mich.